

CONTACT INFORMATION

## MINDFUL MOVERS – MOVING SERVICE REQUEST FORM

Mindful Movers is a group of compassionate community helpers who provide moving assistance to individuals and families in need. Whether it's helping someone escape a crisis, transition into stable housing, or start fresh, we offer respectful, reliable support to make tough moves a little easier.

| OUTHOU IN OUNTHION   |   |
|--|---|
| -ull Name:   |   |
| Phone Number:  |   |
| Email Address:   |   |
| MOVE DETAILS   |   |
| Preferred Moving Date:   | _ |
| Alternate Moving Date (if any):  |   |
| YPE OF MOVE:  Residential Commercial Apartment Storage Unit Other:                             |   |
| SIZE OF MOVE:  Studio  1 Bedroom  2 Bedrooms  3+ Bedrooms  Office (Small/Medium/Large)  Other: |   |

## **CURRENT ADDRESS (PICKUP LOCATION)**

| Street Address:  |              |                |  |  |
|--|--------------|----------------|--|--|
| City:  | _Province:   | Postal Code:   |  |  |
| Stairs or Elevator Access? ☐ Yes ☐ No  |              |                |  |  |
| Special Instructions:  |              |                |  |  |
| NEW ADDRESS (DROP-OFF LOCATION)  |              |                |  |  |
| Street Address:  |              |                |  |  |
| City:  | _ Province : | _ Postal Code: |  |  |
| Stairs or Elevator Access? ☐ Yes ☐ No  |              |                |  |  |
| Special Instructions:  |              |                |  |  |
| INVENTORY LIST: Please list any large or important items (e.g., couch, king-size bed, etc.): |              |                |  |  |
| HOW DID YOU HEAR ABOUT US?  Social Media   |              |                |  |  |
| ☐ Referral   |              |                |  |  |
| ☐ Returning Customer☐ Other:   |              |                |  |  |

## **ADDITIONAL NOTES FOR FURNITURE FORWARD:** Be sure to save your PDF to Adobe Acrobat on your computer or mobile $\,$ device first before submitting your completed form. **SUBMIT YOUR FORM TO:**

